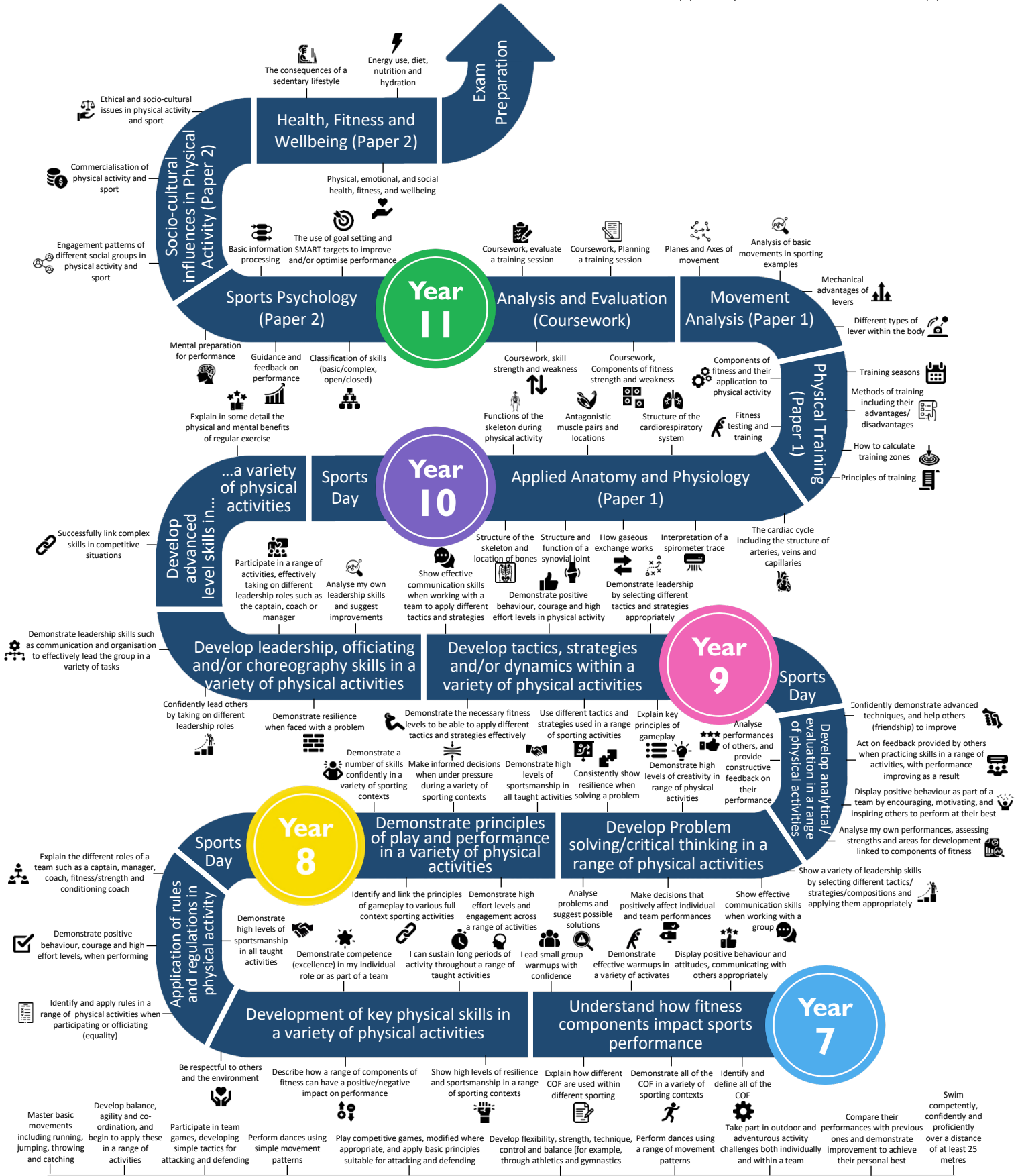


Post 16

Factors affecting participation in physical activity and sport | Skill, skill continuums and transfer of skills | Impact of skill classification on structure of practice for learning | Principles and theories of learning and performance | Use of guidance and feedback | Memory models | Efficiency of information processing | Emergence of globalisation of sport in the 21st century | The impact of sport on society and society on sport | Diet and nutrition and their effect on physical activity and performance | Preparation and training methods in relation to maintaining physical activity | Injury prevention and the rehabilitation of injury | Biomechanical movement | Sport psychology | Sport and society and the role of technology in physical



Prior Learning

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